

It Takes a Village

Could you help me during our first year?

Name:

Phone Number:

Address:

When can I call you for help?
(times/days of the week)

1.

2.

How would you like to help?

Watch baby while I am home

Watch baby while I am away

Bring meals or groceries

Take baby for a walk in the stroller

Tidy up the house

Run errands

Bring diapers

Come for a visit
